

Mandatory restrictions

Mandatory public health measures are in effect across Alberta to stop the spike of COVID-19 and protect the health system.

Overview

Mandatory public health restrictions are in effect provincewide. Additional restrictions apply to communities with high case rates – at least 50 cases per 100,000 people and at least 30 active cases. Communities with lower active cases must continue following all provincewide restrictions.

These restrictions remain in place for at least 3 weeks, even if a community moves below the threshold.

[See active case rates in your region.](#)

Gatherings

Indoor gatherings

All indoor social gatherings prohibited.

- Individuals who live alone and single parents who only live with children under 18 years of age can choose two people they can visit during these restrictions.

Outdoor gatherings

All outdoor social gatherings must not have an indoor component and are limited to:

- 5 people maximum in high case areas
- 10 people maximum in lower case areas

Weddings and funerals

- Wedding and funeral receptions are prohibited.
- Wedding ceremonies are limited to 10 people.
- Funeral services are limited to 10 people in high case areas, and 20 people in lower case areas.

Places of worship

In-person attendance for all places of worship is limited to:

- 15 attendees maximum in high case areas
- 15% of fire code occupancy in lower case areas
- Mask wearing is mandatory.
- People in one household must stay two meters apart from other households at all times.

Masking

- Masks are mandatory in all indoor public spaces, workplaces and places of worship.

Workplace transmission prevention

- Working from home is mandatory provincewide unless an employer requires an employee's physical presence to operate effectively.
- In high case areas, any workplace with transmission of 3 or more cases will be required to close for 10 days. Work camps, essential and critical services are exempt.

Business restrictions

Entertainment facilities

- Entertainment facilities must remain closed provincewide. Examples include theatres, casinos, nightclubs, museums and libraries.
- Community halls, banquet halls and conference centres can open for currently permitted activities.

Food services

Restaurants, pubs, bars, lounges and cafes can open for takeout, curbside pickup, and delivery only. In-person service, including patio dining, is not permitted.

Retail services

All retail services and shopping malls must reduce customer capacity, not including staff, to:

- 10% of fire code occupancy in high case regions
- 15% of fire code occupancy in low case regions

Health and professional services

Health and professional services can open by appointment only for one-on-one services. All public health and sector guidance must be followed.

Examples include dentists, optometrists, therapists, acupuncturists, lawyers and accountants.

Personal and wellness services

Personal and wellness services must close completely in high case areas. In lower cases areas, they can remain open by appointment only.

Examples include hair and nail salons, tattoo parlors and esthetic services.

Performance, sport and physical activities

Indoor activities

- All indoor sport, recreation and performance activities are prohibited provincewide.
- All indoor fitness facilities must close (including for one-on-one training).

Outdoor activities

- In high case areas, all outdoor fitness, recreation and performance activities are prohibited in high case areas, except with members of your own household or your two close contacts if you live alone.
- In low case areas, limited outdoor fitness, recreation and performance activities are allowed with 10 participants maximum and mandatory two metre distancing between members of different households at all times.

Learn more at alberta.ca/CovidTranslated

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