

# Mandatory restrictions

Mandatory public health measures are in effect across Alberta to slow the spread of COVID-19 and protect the health system.

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## Gatherings

### Indoor gatherings

All indoor social gatherings prohibited.

- Individuals who live alone and single parents who only live with children under 18 years of age can choose two people they can visit during these restrictions.

### Outdoor gatherings

All outdoor social gatherings are limited to 20 people maximum and must not have an indoor component.

### Weddings and funerals

All wedding ceremonies and funeral services are limited to 20 people. Receptions are permitted outdoor only with no more than 20 people.

### Places of worship

All places of worship are limited to 1/3 of fire code occupancy for in-person indoor attendance.

- Mask wearing is mandatory.
- People in one household must stay two meters apart from other households at all times.

## Masking

Masks are mandatory in all indoor public spaces, workplaces and places of worship.

## Working from home

Working from home is recommended – but no longer mandatory – if the employer does not require the employee's physical presence to operate effectively.

## Business restrictions

### Entertainment and recreational facilities

Entertainment businesses and entities can open with capacity limited to 1/3 of fire code occupancy. Examples include theatres, casinos, recreation centres, museums and libraries.

### Food services

Restaurants, pubs, bars, lounges and cafes can open for indoor and outdoor dining. Maximum of 6 people per table. Liquor sales end at 11 p.m. and dining must close at midnight for in-person service.

### Retail services

All retail services and shopping malls must reduce customer capacity to 1/3 of fire code occupancy or 5 customers (whichever is greater), not including staff.

### Health and professional services

Health and professional services can open by appointment only for one-on-one services. All public health and sector guidance must be followed.

Examples include dentists, optometrists, therapists, acupuncturists, lawyers and accountants.

### Personal and wellness services

Personal and wellness services can open for appointments and walk-in service. Services should be limited to one-on-one services. All public health and sector guidance must be followed. Examples include hair and nail salons, esthetic services and massage therapy.

# Events and recreation activities

## **Fitness, recreation and sport activities**

All indoor and outdoor sport and recreation activities are permitted, including:

- team sports
- group practices or training
- games, competitions and league play
- youth activities (such as day and overnight camps and indoor play centres)

## **Indoor fitness and recreation facilities**

Gyms and fitness studios can open for solo and drop-in activities, one-on-one training and indoor fitness classes. Safety requirements apply.

Indoor recreation facilities (such as arenas, pools and rec centres) can open at 1/3 of fire code occupancy.

## **Performance activities**

Indoor performance activities are permitted, including:

- dancing, singing, acting or playing a musical instrument
- rehearsals or theatrical performances

## **Outdoor public events and gatherings**

Outdoor non-fixed seated events (such as concerts and festivals) are permitted with up to 150 people.

Outdoor fixed seating facilities (such as grandstands) are limited to 1/3 of their total seated capacity.