

## **Reer Alberta dadka uu difaacoodu hooseeeyo waxay xaq u yeesheen inay qaataan tallaalka afraad**

Janaayo 18, 2021

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In ka badan 80,000 Albertans ayaa dhowaan awoodi doona inay qaataan tallaalka afraad ee COVID-19 si ay u xoojiyaan difaacoda.

Iyadoo la raacayo talooyinka ka soo baxay Guddiga La-talinta Qaranka ee Talaalka (NACI) iyo Guddiga La-talinta Alberta ee Tallaalka (AACI), shakhsiyaadka da'doodu tahay 18 iyo wixi ka weyn ee leh xaalado gaar ah oo difaaca jirka daciif ah waxay heli karaan xoojiye shan bilood ka dib markay qaataan talaalka saddexaad.

Laga bilaabo Jan. 20, shakhsiyaadka xaqa u leh waxay ballan ka qabsan karaan qiyaasaha afraad ee khadka tooska ah AHS iyo farmasiyada ka qaybqaata iyagoo isticmaalaya tallaalka Alberta [Nidaamka ballansashada](#) tallaalka ama adoo wacaya 811.

### **Shuruudaha u qalmida**

Xaaladaha daciifka difaaca jirka ee u qalma dadka qaangaarka ah ee da'doodu tahay 18 iyo ka weyn qiyaasta afraad ugu yaraan shan bilood ka dib qiyaasta saddexaad waxaa ka mid ah:

- Dadka laga bedelay qaybo ka mid ah xubnohoda, oo ay ku jiraan xubnaha qar iyo dadka laga bedelay unugga stem hematopoietic.
- Shakhsiyaadka qaba xanuunada dhiig-baxa xun iyo burooyinka adag ee aan dhiig-baxa ahayn ka hor inta aan la helin ama la helin daawaynta firfircoon (chemotherapy, therapies targeted, immunotherapy ama helay tallaaladii hore ee COVID-19 intii lagu jiray daawaynta firfircoon), marka laga reebo shakhsiyaadka qaata daawaynta hoormoonka, daaweynta shucaaca ama faragelin qaliin ah.
- Shakhsiyaadka lagu daweynayo anti-CD20 monoclonal antibody sida Rituximab.
- Shakhsiyaadka qaba cudurka kelyaha ee joogtada loo siifeyo.
- Qaatayaasha daaweeyayaasha antigen-ka-kimeric (CAR) -T-cell therapy.
- Shakhsiyaadka leh difaac dhexdhexaad ah ama aad u liita (tusaale, DiGeorge syndrome, Wiskott-Aldrich syndrome).

- Shakhsiyaadka qaba heerka 3 ama infekshanka HIV ee sareeyo iyo kuwa la helay tallaalka COVID-19.
- Shakhsiyaadka lagu sameeyo daawaynta difaaca jirka (tusaale, daawaynta unugyada anti-B, corticosteroids systemic dose-sare ah, wakiilada alkylating, antimetabolites, ama factor tumornecrosis (TNF) inhibitors iyo wakiilada kale ee bayooloji).
- Shakhsiyaadka qaata daawooyinka qaarkood ee cudurada difaaca jirka, oo ay ku jiraan rituximab, ocrelizumab iyo ofatumumab

Dhallinyarada da'doodu u dhaxayso 12 ilaa 17 ee leh shuruudaha hore waxay sii wadaan inay u qalmaan qiyaasaha saddexaad. Talaalka afraad weli looma oggolaan kooxda da'dan.

Tallaalka saddexaad looma oggolaan dhalinyarada da'doodu ka yar tahay 18 jir.

## **Ballamaha tallaalka dheeraadka ah**

Albertans-ka xaqa u leh waxay ballan ka qabsan karaan khadka tooska ah AHS ama farmasiyada ka qaybqaata iyagoo isticmaalaya nidaamka ballan-qaadka-joojinta ee [alberta.ca/vaccine](http://alberta.ca/vaccine). Albertans sidoo kale waxay ballan qabsan karaan iyagoo wacaya 811 ama [Farmasiyada ka qayb qaadanaya](#).

Jadwalka iyo goobaha, booqo [ahs.ca/vaccine](http://ahs.ca/vaccine).

## **Xogta la xidhiidha**

- [Qabso ballanta tallaalka COVID-19](#)

## **Weydiimaha warbaahinta**

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